Healthy Masculinity-I Pre/Post-Assessment Test

Youth Version

1. **Respect of Others**: Do you demonstrate a respect for others, regardless of their race, gender, and sexual orientation?

   1 2 3 4 5
   almost never seldom sometimes often almost always
   O O O O O

2. **Asking for Help**: Do you ask others for help, when needed?

   1 2 3 4 5
   almost never seldom sometimes often almost always
   O O O O O

3. **Dealing with Confrontation**: Can you accept feedback from staff or other youth without becoming defensive and aggressive?

   1 2 3 4 5
   almost never seldom sometimes often almost always
   O O O O O

4. **Resolution of Conflict**: Do you try to resolve differences without resorting to threats or physical aggression?

   1 2 3 4 5
   almost never seldom sometimes often almost always
   O O O O O

5. **Dominance**: Do you refrain from trying to control others through intimidation or bullying?

   1 2 3 4 5
   almost never seldom sometimes often almost always
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