



## Session 2

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### *How Society or the Food Industry Encourages Overeating Presentation*

Please compose a brief presentation on one way in which our society or the food industry encourages overeating in young people *and* cover the ways in which young people or their parents could change the situation. Examples could include how the food companies make food, how they market them, the lack of physical education classes in school, junk food ads aimed at children, high fat/high sugar snacks or meals in school, the huge portion sizes provided by many restaurants or in the dorms, or the low cost of fattening foods.

Please write a 2-minute presentation that you can give to the group next session. You are welcome to pair up with another group member and do a 4-minute joint presentation, if that sounds like more fun.